What to Bring on Your New Frontiers Adventure

Parents, please pay close attention to this list. While at camp, your child will be exposed to the elements, which include sun, mosquitos, heat and more physical exercise than normal. This list is designed to protect them.

ESSENT	ALS:
Swea	atshirt or Jacket
Rain	coat
Secu	re, Closed - Toe Shoes
Flash	light & Batteries
Bug	Repellent *
Suns	creen
Reus	able water bottles totaling 2 liters
Sung	lasses
Base	ball cap or hat (for sun)
Cloth	nes you can get dirty
Wind	breaker
An Ex	ktra pair of Shoes
Slee	ping Bag and Pillow
Towe	I & Toiletries
Bible	e (not your good one) and pen or pencil
Two	garbage bags (for dirty clothes
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Optional:

Camera & Extra Batteries
Snack Money (T-shirts cost \$10 each, candy and soda \$1 each)
Small Backpack

*Good quality recommended, due to exposure to ticks & mosquitos that could carry disease.

If your camper arrives without any of the essentials, we will provide them at your cost, unless prior arrangements have been made.

If you are Caving (ALL YES CAMPS): Clothes that can get muddy or ripped

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	An extra pair of boots or shoes to wear in cave
	Bring 2 AAA Batteries just for the cave
lf y	ou are Canoeing (ALL YES CAMPS):
	Bathing Suit (modest, no bikinis or speedos
	Shoes that can get wet
	Extra towel
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lf you are hiking:

Metal cup, bowl, and spoon

WHAT TO LEAVE BEHIND:

Cigarettes, drugs, alcohol, etc.

Knives & weapons of any kind

Clothes with negative messages or suggestive attire (halter tops, short shorts, bikinis/speedos)

Radios, Ipods, & MP3 Players

Cell Phones & Watches

IPads, Tablets and other electronic devices



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